

# 8th Annual Jingle Bell 5K

## Run & Walk

– USATF CERTIFIED COURSE – **Cash prize awards**

*Proceeds go toward promoting health & exercise programs for Kershaw County Youth*

### Saturday, December 5, 2015 @ 8:00am

**LOCATION:** Fitness Zone, 814 Hwy 1 South, Lugoff, SC / (803) 438-3811

**REGISTRATION:** Online @ [www.strictlyrunning.com](http://www.strictlyrunning.com) or registration form below

**ENTRY FEES:**

|                                    |       |
|------------------------------------|-------|
| Registration                       | \$ 25 |
| Late Registration (after 11/06/15) | \$ 30 |
| Race Day Registration (12/05/15)   | \$ 35 |

The Jingle Bell Run is chip-timed and is part of the **Tour de Columbia**. Awards for the top three males & females in each age group will be given. Overall awards are given for the top male and female winner. Overall winners are not eligible for age group awards.

**Packet pick-up @ Fitness Zone: Friday, 12/04/15, 12:00 PM – 8:00 PM,  
or on race morning @ 7:00AM**

~Race shirts guaranteed with all 5k registrations prior to 11/20/15~

**EVENT (please circle):**      **5K Run**                      **5K Walk**

**RACE DAY AGE** \_\_\_\_\_ **BIRTHDAY** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**Name:** \_\_\_\_\_ **CIRCLE: Male / Female**

**Address:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Emergency Contact (Name & Phone):** \_\_\_\_\_

**T-Shirt:**    **S**      **M**      **L**      **XL**      **XXL**

The entrant releases sponsors and officials of the Fitness Zone Jingle Bell Run/Walk from all claims of injury or damages resulting from participating in this event. I am in proper physical condition to participate in this event. \* Make checks payable to Fitness Zone

**Signature (Parent or Guardian if under 18)** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Cash Prize Awards for Top Finishers**

**Mail to: Fitness Zone, P0 Box 459, Lugoff, SC 29078**

**Or Register online at: [www.strictlyrunning.com](http://www.strictlyrunning.com)**